

This is your transportation resource to get you to your doctor's appointments, workplace, shopping or job interview. We help you get to where you need to go — bike, bus, taxi, or carpool.

## DOWNLOAD THE TRANSIT APP FROM THE APP STORE TO TRACK & SEE YOUR TRANSIT OPTIONS

Need a bus ride? Let us help you plan your trip. Ask Green Mountain Transit for a ride: 802-223-7BUS (7287)

For all other transportation options: visit connecting commuters.org or call 800-685-RIDE (7433)

Meeting your travel needs! We are working to get you where you need to go.



#### BUS

Green Mountain Transit offers service in Central Vermont, Franklin, Grand Isle, Chittenden, Lamoille and Washington counties. For a specific schedule and route information: www.ridegmt.com or call 802-223-7BUS (7287)





TRACK YOUR BUS OR BUY A PASS



## **CARPOOL & VANPOOL**

Go! Vermont partners with Agile Mile and Commute with Enterprise, to provide no cost and low cost carpool and vanpool options. Check out the ride referral service at: www.connecting commuters.org/getting-around/ridesharing/



### TAXI

Capital Car Service: **802-505-0316 or** www.capitalcarservicevt.com Payless Taxi, Barre: **802-476-4097** 

\*No Medicaid Approved Drivers in Central Vermont



### **WALK AND BIKE**

• Find trails and multi-use paths through this statewide **Trail Finder:** www.trailfinder.org



 Find eAssist and electric bike resources and assistance through vBike: www.vbikesolutions.org

## **VETLIFT**

A volunteer program giving Veterans a Lift: www.connectingcommuters.org/vetliftvt/

### **SHOP**

Walk, bike and/or bus. All Green Mountain Transit and LINK buses accept bikes. Carpool and taxi, too.

# **SENIOR & MEDICAL APPOINTMENTS**

Contact Green Mountain Transit for guidance on bus and special travel options: **802-223-7BUS (7287)** 

GMT and The Health Center in Plainfield, offer a FREE Shuttle for doctor, dentist, and other essential medical services. The shuttle may accommodate locations beyond the indicated service area as the schedule allows. To schedule a ride, call: 802-223-7287

**Twin Valley Senior Center:** GMT provides transportation services to meal sites, shopping, non-Medicaid medical appointments, critical care, and basic transportation needs. For more information, please call: **802-223-7287** 

### **VOLUNTEER DRIVERS NEEDED**

Volunteer Drivers are a critical element to increasing the capacity of rides offered to Central Vermont residents. Be a part of the solution and become a driver volunteer. Call Green Mountain Transit: 802-223-7BUS (7287)

### SCHOOLS AND DAYCARE

- For local bus service contact Green Mountain Transit: 802-223-7BUS (7287)
- ReachUp provides reimbursement transportation services to families and children: 800-479-6151

### **PARK & RIDE**

Looking for a convenient place to park for the day? Find a complete list of state listed park and ride locations: www.parkandrides.vermont.gov





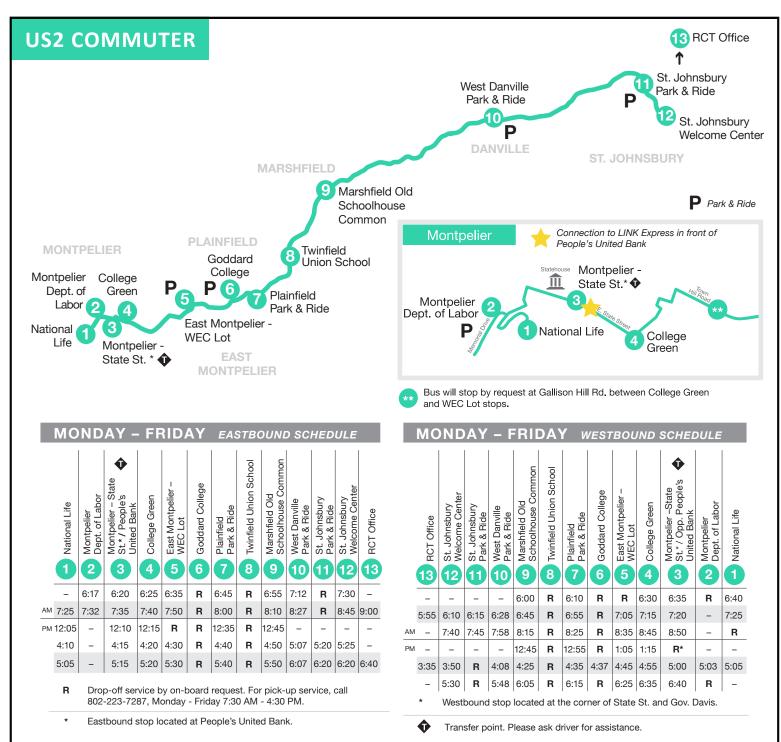
#### OTHER TRAVEL CHOICES

- City-to-City Bus service--connect to other counties and major cities, like NYC, Boston or Hartford, CT: www.connectingcommuters.org
- Amtrak--Intercity passenger train service, for schedule: www.amtrak.com/home

### **GUARANTEED RIDE HOME**

If something comes up and you need to get home, Go! Vermont will reimburse your travel expenses, up to \$70: www.connectingcommuters.org/ guaranteed-ride-home-benefit/









DOWNLOAD GO! VERMONT, TRANSIT, AND TOKEN TRANSIT APPS TO STAY CONNECTED AND PLAN TRIPS.



Go Green and Earn Rewards When you Choose To Carpool, Vanpool, Bus, Bike or Telecommute





